



GIRLS ONLY TECHNICAL CENTRE

GIRLS AGED BETWEEN 7-14 YEARS

DEVELOPING INDIVIDUAL BRILLIANCE, THE LEEDS UNITED WAY!

Our NEW programme focuses on individual skills and is suited for all ages but especially for players aged 7-14 years old. Learning is of a long-term nature with the emphasis on four modules:

1. Ball Control
2. Moves
3. Passing & Receiving
4. Attacking & Defending

Emphasis on mastering the ball -

A foundation of the Leeds United identity.

Our goal is simple -

Alongside technical ability, we place strong emphasis on important social values such as respect, and a positive attitude to training and learning.

Each player will be challenged to improve across all four areas, with sessions tailored to meet individual needs. Whether a player is just starting out or looking to sharpen their skills, our coaching is designed to stretch, support, and inspire.



TECHNICAL
CENTRE KITS
READY TO
ORDER

WOMEN & GIRLS - LEEDS UNITED

Elland Road, Leeds, LS11 0ES.

0133 367 6014

womenandgirls@leedsunited.com

www.leedsunited.com/foundation

Scan to book!





BOYS & GIRLS TECHNICAL CENTRE

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